



MAY VISION BOARD

MAY GOALS

FOCUS

GOAL 1

GOAL 2

GOAL 3

STEPS

STEPS

STEPS

WHAT HABITS DO I NEED TO CHANGE TO ACHIEVE MY GOALS

DAILY CONTENT PROMPTS

- May 1: Share your monthly goals and intentions.**
- May 2: Behind-the-scenes of your workspace or creative process.**
- May 3: A motivational quote and why it inspires you.**
- May 4: Share a customer testimonial or success story.**
- May 5: Teach your audience something new (tutorial, tip, or hack).**
- May 6: Promote your best-selling product or service.**
- May 7: Highlight a tool or resource you love using.**
- May 8: Share a before-and-after transformation (product, service, or personal).**
- May 9: Introduce yourself and share a fun fact.**
- May 10: Answer a frequently asked question from your audience.**
- May 11: Throwback post—share an old success or milestone.**
- May 12: Offer a freebie, discount, or limited-time offer.**
- May 13: Talk about a challenge you've overcome in your business.**
- May 14: Share a behind-the-scenes look at your creative process.**
- May 15: Collaborate with another creator or business.**
- May 16: Post a poll or survey to engage your audience.**
- May 17: Showcase user-generated content or customer photos.**
- May 18: Promote a blog post, podcast, or video you've created.**
- May 19: Discuss an industry trend or hot topic.**
- May 20: Share a quick tip your audience will love.**
- May 21: Feature a testimonial or customer review.**
- May 22: Host a mini giveaway or contest.**
- May 23: Share a book, podcast, or article you recommend.**
- May 24: Post a sneak peek of something new you're working on.**
- May 25: Create a fun challenge for your audience to join.**
- May 26: Reflect on your biggest lesson learned this month.**
- May 27: Share a favorite productivity or business tool.**
- May 28: Promote an upcoming event, webinar, or launch.**
- May 29: Engage with a Q&A session—answer follower questions.**
- May 30: Wrap up the month—celebrate your wins and plan for June!**
- May 31: Share your favorite moment from the month.**

MAY CONTENT CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	1	2	3
4	5 Cinco De Mayo	6	7	8	9	10
11 Mothers Day	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26 Memorial Day	27	28	29	30	31
		1	2	3	4	5

WEEKLY PLANNER

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Notes:

WEEKLY PLANNER

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Notes:

WEEKLY PLANNER

Monday

Tuesday

Wednesday

Thursday

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Saturday

Sunday

Notes:

WEEKLY PLANNER

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Saturday

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Notes:

WEEKLY PLANNER

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Notes:

TO-DO LIST

MONTH _____

DATE _____

TO DO

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PRIORITIES

NOTES

NOTES

REMINDER

REMINDER

TO-DO LIST

MONTH _____

DATE _____

TO DO

[illegible]

PRIORITIES

A handwriting practice sheet. On the left side, there is a vertical column of eight empty square boxes. On the right side, there are seven horizontal dashed lines, each corresponding to one of the boxes on the left.

NOTES

NOTES

REMINDER

REMINDER

MAY 2025 HOLIDAYS & NATIONAL DAYS

- May 1: Law Day, Loyalty Day, National Day of Prayer, May Day, School Principals' Day, Global Love Day, World Password Day, Lei Day, Haitian Heritage Month begins, National Chocolate Parfait Day
- May 2: National No Pants Day, National Space Day, Astronomy Day, National Truffle Day
- May 3: Free Comic Book Day, Garden Meditation Day, Herb Day, Kentucky Derby Day, Lumpy Rug Day
- May 4: Star Wars Day ('May the Fourth Be With You'), Bird Day, National Orange Juice Day
- May 5: Cinco de Mayo, National Astronaut Day, National Hoagie Day
- May 6: National Nurses Day, National Teacher Day, International No Diet Day, National Tourist Appreciation Day
- May 7: National Roast Leg of Lamb Day
- May 8: Coconut Cream Pie Day, Have a Coke Day
- May 9: National Moscato Day, Lost Sock Memorial Day
- May 10: National Clean Up Your Room Day, National Shrimp Day
- May 11: Mother's Day, Eat What You Want Day, Twilight Zone Day
- May 12: International Nurses Day, National Limerick Day, Vesak (Buddhist holiday)
- May 13: National Apple Pie Day, National Frog Jumping Day
- May 14: National Dance Like a Chicken Day
- May 15: Peace Officers Memorial Day, International Day of Families, National Chocolate Chip Day
- May 16: National Bike to Work Day, Love a Tree Day, National Mimosa Day
- May 17: Armed Forces Day, National Cherry Cobbler Day, World Hypertension Day
- May 18: International Museum Day, No Dirty Dishes Day, Visit Your Relatives Day
- May 19: National Devil's Food Cake Day
- May 20: National Rescue Dog Day, World Bee Day, Weights and Measures Day
- May 21: National Strawberries and Cream Day, National Memo Day
- May 22: National Maritime Day, World Goth Day, International Day for Biological Diversity, Red Nose Day
- May 23: World Turtle Day, Lucky Penny Day
- May 24: National Scavenger Hunt Day, National Brother Day
- May 25: National Wine Day, Towel Day, Geek Pride Day
- May 26: Memorial Day (Federal Holiday), National Paper Airplane Day
- May 27: National Grape Popsicle Day, Sunscreen Day
- May 28: National Hamburger Day, National Brisket Day, World Hunger Day
- May 29: Ascension Day, International Day of UN Peacekeepers, National Biscuit Day
- May 30: National Creativity Day, National Mint Julep Day, World MS Day
- May 31: World No Tobacco Day, National Macaroon Day, National Smile Day